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## 27 Productive Things You Can Do if You're Upset About the Election

**1. If you're worried about your individual rights and liberties, you can donate to or volunteer with the [American Civil Liberties Union \(ACLU\)](#).**

The ACLU is a nationwide organization that works to preserve the individual rights and liberties guaranteed by the US Constitution. Examples of the ACLU's work include defending voting rights, fighting attacks on reproductive rights, and trying to get rid of racial bias in the justice system.

[Click here](#) to make a donation to the ACLU.

[Click here](#) to find out how you can take action with the ACLU.

**2. If you're concerned about reproductive rights, you can donate to [Planned Parenthood](#).**

Planned Parenthood provides safe, affordable reproductive health care to people all over the country. Its services include prescribing birth control, offering STD tests and cancer screenings, providing safe and legal abortions, and teaching sexual education. You can choose for your donation to go to a local Planned Parenthood affiliate, the Planned Parenthood Federation of America, or both. You can also volunteer by taking action online or showing up at your local center.

[Click here](#) to make a donation to Planned Parenthood.

[Click here](#) to find out how you can get involved with Planned Parenthood.

**3. If you're worried about Islamophobia, you can get involved with the [Council On American-Islamic Relations \(CAIR\)](#).**

CAIR is a grassroots organization that works to protect the civil liberties of American Muslims, challenge misrepresentations of Islam, and create partnerships that foster mutual understanding between Muslim Americans and other groups through advocacy and education. You can donate and specify which services your money will go to, donate a Qur'an, or volunteer with your local CAIR chapter to get involved.

[Click here](#) to make a donation to CAIR.

[Click here](#) to find out how you can volunteer with CAIR.

**4. If you're worried about hate groups and intolerance, you can donate to the [Southern Poverty Law Center \(SPLC\)](#).**

The SPLC is dedicated to fighting hate groups and extremists by teaching tolerance and seeking justice for vulnerable and marginalized groups in society. It does this through litigation, education, and other forms of advocacy that work toward equal justice and equal opportunity.

[Click here](#) to make a donation to the SPLC.

**5. If you're white and want to educate fellow white people about racial injustice, support [Showing Up for Racial Justice \(SURJ\)](#).**

SURJ is a national network for organizing white people around racial justice. It works with groups and individuals to educate about racial injustice and give communities the tools to mobilize so they can take action and enact change with accountability and passion. You can either donate to support SURJ or you can volunteer your services and get involved with a local chapter.

[Click here](#) to make a donation to SURJ.

[Click here](#) to find out how you can volunteer with SURJ.

**6. If you're concerned about women's rights and feminism, you can donate to the [National Organization for Women \(NOW\)](#).**

NOW is the largest grassroots feminist organization in the US, with chapters in all 50 states, and is devoted to securing full equality for women through litigation and education. Specific goals of NOW include promoting reproductive rights, fostering the economic empowerment of women, ending domestic violence and discrimination, and shaping the national debate on women's issues.

[Click here](#) to make a donation to NOW.

**7. If you're worried about the wellbeing of your local community or others, you can join [AmeriCorps](#).**

AmeriCorps is a civil society program that creates jobs and opportunities for young adults as a part of a nationwide movement to build a society where everyone reaches their full potential. Members service the specific needs of communities, like helping low-income kids succeed in school, rebuilding homes destroyed by natural disasters, or supporting vulnerable elderly populations.

[Click here](#) to find out how you can join AmeriCorps.

**8. If you're worried about the future of sexual violence victims, you can support [RAINN, the Rape, Abuse & Incest National Network](#).**

RAINN is the nation's largest anti-sexual violence organization and does a lot to help victims and prevent sexual violence. It runs the National Sexual Assault Hotline (800.656.HOPE), partners with thousands of local sexual assault service providers, supports victims, and helps ensure that perpetrators are brought to justice. You can either donate to RAINN or volunteer by assisting with the hotline or helping out at your local sexual assault service provider.

[Click here](#) to make a donation to RAINN right now.

[Click here](#) to find out how you can volunteer with RAINN.

**9. If you're worried about police violence, you can get involved with [Campaign Zero](#).**

Campaign Zero is an organization that strives to change the way police serve communities in America by limiting police interventions, calling for urgent policy solutions grounded in data and human rights, improving community interactions with police, and ensuring accountability for the actions of police.

[Click here](#) to make a donation to Campaign Zero.

[Click here](#) to get involved with Campaign Zero.

**10. If you're worried about the opportunities for young people in America to succeed, you can donate to [The Future Project](#).**

The Future Project works with educators and schools across the country to give more opportunities to young people so they can discover their full potential and succeed. It puts high-impact, effective models in place at schools that encourage students to find their voice and build skills that can help them change their lives and the world around them.

[Click here](#) to make a donation to The Future Project.

**11. If you're concerned about the safety and wellbeing of LGBTQ youth, you can volunteer with or donate to [The Trevor Project](#).**

The Trevor Project provides crisis and suicide prevention services to LGBTQ youth and runs a safe and secure national hotline (1-866-488-7386) operated 24/7 by trained counselors. You can sign up for email updates about local events near you, volunteer to help operate the hotline, or donate to support the organization.

[Click here](#) to make a donation to The Trevor Project.

[Click here](#) to find out how you can volunteer or get involved.

**12. If you're worried about preserving natural resources and wildlife, you can support the [Sierra Club](#).**

The Sierra Club is the nation's largest grassroots environmental organization and advocates for responsible use of the Earth's resources so that wild places and wildlife can be enjoyed by future generations. It's helped protect millions of acres of wilderness and helped pass the Clean Air Act, Clean Water Act, and Endangered Species Act.

[Click here](#) to make a donation to the Sierra Club.

**13. If you're concerned about human rights and refugees, consider supporting [Human Rights First](#).**

Human Rights First is a nonpartisan international human rights organization that uses advocacy, policy solutions, and reform demand to press the US government and private companies to respect human rights. It does everything from advocating for violence victims seeking asylum, to protecting refugees, combating international torture, and defending persecuted minorities.

[Click here](#) to make a donation to Human Rights First.

**14. If you're worried about the laws around reproductive health, you can support the [Center for Reproductive Rights \(CRR\)](#).**

The CRR is a legal advocacy organization that works to defend the reproductive rights of women and change the landscape of reproductive health care by taking action in local, regional, and federal courts, and even the United Nations.

[Click here](#) to make a donation to the CRR.

**15. If you're worried about the representation of women in government, you can support [She Should Run](#).**

She Should Run is a national organization that works to encourage women and girls of all backgrounds to aspire to public leadership and run for office next to men. The organization engages women all over the country and allows them to either nominate themselves or another woman anonymously for an election.

[Click here](#) to make a donation to She Should Run.

[Click here](#) to find out how you can get involved with She Should Run.

**16. If you're worried about transphobia and trans rights, you can support the [Sylvia Rivera Law Project \(SRLP\)](#).**

The SRLP works to improve access to social, health, and legal services for low-income people and people of color who are transgender, intersex, or gender-nonconforming. The organization takes action so that these individuals can feel free to self-determine their gender identity without facing harassment, discrimination, or violence.

[Click here](#) to make a donation to the SRLP.

[Click here](#) to find out how you can volunteer with the SRLP.

**17. If you're worried about the rights of LGBTQ immigrants seeking refuge in the US, you can support [Immigration Equality](#).**

Immigration Equality works to improve the rights of LGBTQ and HIV-positive immigrants seeking refuge or freedom in the US. The organization provides free legal services, lobbies for policy to change the immigration system, and tries to ensure the safety and wellbeing of the LGBTQ immigrant community. You can volunteer services as a pro-bono attorney, volunteer in its local law offices, or donate to fund its work.

[Click here](#) to make a donation to Immigration Equality.

[Click here](#) to find out how you can volunteer with Immigration Equality.

**18. If you're a person of faith worried about injustice and racism, you can get involved with [Sojourners](#).**

Sojourners helps Christians take action in ways that honor their faith to achieve social and racial justice, peace, environmental stewardship, and partnerships across religious and political divides for the common good. You can donate to the campaign with a one-time gift, subscribe to its magazine, or sign up to volunteer by attending local events or taking action at your church.

[Click here](#) to make a donation to Sojourners.

[Click here](#) to find out how you can take action with Sojourners.

**19. If you're worried about the rights of low-income immigrants, you can support the [National Immigration Law Center \(NILC\)](#).**

The NILC works to defend and advance the rights of low-income immigrants in the US so that they can achieve their full potential and succeed. It engages in lawsuits that protect the rights of low-income immigrants and their families, combat racial discrimination, analyze the impact of immigration policies, and communicate core immigration issues to the rest of the population.

[Click here](#) to make a donation to NILC.

**20. If you're worried about racial inequality and discrimination, you can support the [National Association for the Advancement of Colored People \(NAACP\)](#).**

The NAACP strives to create a society where all individuals have political, educational, social, and economic equality without racial discrimination. It works to achieve this equality by enforcing civil rights laws, eliminating racial prejudice and hatred, removing the barriers of discrimination, and educating the public about these issues.

[Click here](#) to make a donation to the NAACP.

[Click here](#) to find out how you can get involved with the NAACP.

**21. If you want to support nonviolent protest, you can support [East Point Peace Academy](#).**

East Point Peace Academy is an organization that encourages the practice of nonviolence and conflict reconciliation to create a culture of peace. It offers online resources, in-person training, and education to all people regardless of ability to pay — including prisoners, young people, and many activist groups. You can either donate to help sustain the organization or get involved with training and volunteer your services.

[Click here](#) to make a donation to East Point Peace Academy.

[Click here](#) to find out how you can volunteer with East Point Peace Academy.

**22. If you're worried about the welfare of immigrant children, you can donate to or volunteer with the [Young Center for Immigrant Children's Rights](#).**

The Young Center works to change federal immigration policy so that immigrant children are recognized as children instead of adults (since the justice system currently recognizes them as adults). The center aims to protect these children and improve their rights by working with immigration authorities, NGOs, special courts and asylum offices, lawyers, and child advocates. You can volunteer to make a difference in a child immigrant's life or donate to the organization.

[Click here](#) to make a donation to the Young Center.

[Click here](#) to find out how you can volunteer with the Young Center.

**23. If you're worried about how immigrants are valued in society, you can support the [National Immigration Forum](#).**

The National Immigration Forum is one of America's leading immigrant advocacy organizations and works to increase the value of immigrants and immigration to the US. It helps create opportunities for immigrants to gain the skills and status they need to reach their full potential and succeed.

[Click here](#) to make a donation to the National Immigration Forum.

**24. If you're worried about the rights of Native Americans and tribes, you can support the [Native American Rights Fund \(NARF\)](#).**

NARF is a nonprofit dedicated to improving Native American human rights and preserving existing tribes in a way that honors culture and tradition. It works to ensure that the government is accountable for its obligations to tribes, provides legal representation, develops new Indian law, and protects natural resources on tribal land.

[Click here](#) to make a donation to the Native American Rights Fund.

**25. If you're worried about the education and empowerment of girls, you can volunteer with or donate to [Girls Write Now](#).**

Girls Write Now creates mentorship programs in NYC that match girls with professional female writers so that they can engage in workshops, college admission prep, and community-building through writing. It brings together women of all ages to encourage girls to use their voices to change their lives. You can either get involved by being a mentor or suggesting a mentee, or donate to the program.

[Click here](#) to make a donation to Girls Write Now.

[Click here](#) to find out how you can volunteer with Girls Write Now.

**26. If you're worried about Latino civil rights, you can donate to the [Mexican American Legal Defense and Educational Fund \(MALDEF\)](#).**

MALDEF is a leading Latino legal civil rights organization that works to improve immigrant rights through litigation, advocacy, and educational outreach. MALDEF creates programs that are structured to improve political access for Latinos, increase educational opportunities, and drive socioeconomic change to create a better future for Latinos in the US.

[Click here](#) to make a donation to MALDEF.

**27. If you're concerned about environmental laws and clean energy, you can support [Earthjustice](#).**

Earthjustice is the nation's largest nonprofit environmental law organization and uses legal expertise from thousands of attorneys to achieve environmental justice. It works to protect land and wildlife for future generations, ensure healthy communities with clean air and water, and move toward clean energy.

[Click here](#) to make a donation to Earthjustice.

[Click here](#) to find out how you can take action with Earthjustice.