



Academic Success Program

Webinar 2

Fundamentals

Welcome back!



FC2S

Foster Care to Success

Background



ETV

1991

the John H. Chafee Foster Care Independence Act

"Helping youth make the transition from foster care to self-sufficiency by offering them the education, vocational and employment training necessary to obtain employment and/or prepare for post secondary education, training in daily living skills, substance abuse prevention, pregnancy prevention and preventive health activities, and connections to dedicated adults."



2002

Education and Training Vouchers for Youths Aging Out of Foster Care

(ETV)

- **Up to \$5000 per student per year**
- **Young people are eligible until their 23rd birthday if they are making satisfactory progress towards a degree or credential**
- **Funds assist with tuition and fees, books and approved living expenses**



2017

FC2S administers the ETV Program for 8 States:

Alabama

Arizona

Colorado

Maryland

Missouri

New York

North Carolina

Ohio



Scholarships



Care Packages

I got my care package in the mail yesterday and it was perfect! I enjoyed everything that was in the box. ESPECIALLY the Girl Scout cookies and the Mary Kay body wash. Just what I needed and very practical. And your ability to fit that much into one box amazes me ha. I tried to put it all back in and it wouldn't fit! ~ Morgan, Hawaii Pacific University



Meet the FCS/ASP staff:

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ETV coordinators – every state has one 😊

Scholarship Program

Tina Raheem and Pat Jacob

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Coaching Fundamentals

It takes two



Boundaries

- What kind of treatment is acceptable
- How available we are to others
- What role we play in others' lives
- What others can - and cannot - expect from us



**In setting boundaries,
stick to your role as coach. As coaches:**

*We are here to listen, **not to work miracles***

*We are here to help students discover their own strengths, **not to rescue them and leave them unable to cope with difficulties when we're not there***

*We are here to discuss next steps with our students, **not to take those steps for them***

*We are here to help students make good choices, **not to make those choices for them***



Trust your gut feeling –

If something doesn't feel quite right, it most likely isn't right.



FC2S Policies Regarding the Coach-Student Relationship

- *Coaches may not give or lend money to the students they coach*
- *Neither coaches nor students may proselytize*
- *Coaches may not advise their students on matters more appropriately left in the hands of counselors, therapists, psychologists, doctors, lawyers or other professionals*
- *Face-to-face meetings are beyond the scope of FCS's Academic Success Program*



Successful coaching hinges on three points:

Constancy

Openness

Trust

Never judge your students



Cognitive Behavioral Coaching



Cognitive Behavioral Coaching

1. Set the stage
2. Define the problem
3. Brainstorm possible solutions
4. Evaluate each possible solution - give constructive feedback
5. Choose the best solution
6. Develop and implement a plan
7. Evaluate the results



Final Thoughts



Complete an online application
to become an Academic Success
Coach at this link:

https://studentportal.fc2sprograms.org/asp_coach_app/start.shtml



Good luck!
